

**GALLUP NEWS SERVICE**

**GALLUP POLL SOCIAL SERIES: CONSUMPTION HABITS**

**-- FINAL TOPLINE --**

Timberline: 937008  
H: 263  
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July 9-12, 2012

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**Results are based on telephone interviews conducted July 9-12, 2012 with a random sample of –1,014—adults, aged 18+, living in all 50 U.S. states and the District of Columbia.**

**For results based on the total sample of national adults, one can say with 95% confidence that the margin of error is  $\pm 4$  percentage points.**

**For results based on the sample of –492—national adults in Form A and –522—national adults in Form B, the maximum margins of sampling error are  $\pm 6$  percentage points.**

**For results based on the sample of –166—smokers, the maximum margin of sampling error is  $\pm 10$  percentage points.**

**For results based on the sample of –848—non-smokers, the maximum margin of sampling error is  $\pm 4$  percentage points.**

**For results based on the sample of –676—adults who drink alcoholic beverages, the maximum margin of sampling error is  $\pm 5$  percentage points.**

**Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample includes a minimum quota of 400 cell phone respondents and 600 landline respondents, with additional minimum quotas among landline respondents by region. Landline numbers are chosen at random among listed telephone numbers, cell phone numbers are selected using random-digit dial methods. Landline respondents are chosen at random within each household on the basis of which member had the most recent birthday.**

**Samples are weighted by gender, age, race, Hispanic ethnicity, education, region, adults in the household, and phone status (cell phone only/landline only/both, having an unlisted landline number, and being cell phone mostly). Demographic weighting targets are based on the March 2011 Current Population Survey figures for the age 18+ non-institutionalized population living in U.S. telephone households. All reported margins of sampling error include the computed design effects for weighting and sample design.**

**In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls.**

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Next,

28. How would you describe your own personal weight situation right now -- very overweight, somewhat overweight, about right, somewhat underweight, or very underweight?

	<u>Very over- weight</u>	<u>Some- what over- weight</u>	<u>About right</u>	<u>Some- what under- weight</u>	<u>Very under- weight</u>	<u>No opinion</u>
2012 Jul 9-12	5	36	54	3	1	*
2011 Nov 3-6	5	34	56	5	*	*
2011 Jul 7-10	6	36	54	4	1	*
2010 Nov 4-7	4	34	57	4	1	1
2010 Jul 8-11	6	39	48	5	1	1
2009 Nov 5-8	4	32	58	5	1	*
2008 Nov 13-16	3	37	54	4	1	1
2007 Nov 11-14	5	36	52	6	*	1
2007 Jul 12-15	5	37	52	4	1	1
2006 Nov 9-12	4	37	53	4	1	*
2006 Jul 6-9	6	40	49	4	*	*
2005 Nov 7-10	5	37	53	4	1	*
2005 Jul 7-10	4	38	52	5	1	*
2004 Nov 7-10	5	36	54	5	*	*
2004 Jul 8-11	5	39	50	5	1	*
2003 Nov 3-5	4	37	53	5	1	*
2003 Jul 7-9	4	39	50	5	1	1
2002 Nov 11-14	6	36	51	5	1	1
2002 Jul 9-11	6	34	55	5	*	*
2001 Nov 8-11	6	38	51	4	*	1
2001 Jul 19-22	5	41	49	5	*	*
1999 Jul 22-25	4	35	53	6	1	1
1990 Oct 18-21	7	41	46	5	1	*

29. How often do you worry about your weight? Would you say you worry all of the time, some of the time, not too often or never?

	<u>All of the time</u>	<u>Some of the time</u>	<u>Not too often</u>	<u>Never</u>	<u>No opinion</u>
<b><u>NATIONAL ADULTS</u></b>					
2012 Jul 9-12	16	32	30	21	*
2010 Jul 8-11	14	34	28	25	*
2005 Jul 7-10	15	34	29	22	*
1999 Jul 22-25	15	27	34	24	*
1990 Oct 11-14	7	27	33	33	*
<b><u>MEN</u></b>					
2012 Jul 9-12	12	29	32	26	1
2010 Jul 8-11	8	27	31	33	*
2005 Jul 7-10	8	31	29	31	1
1999 Jul 22-25	10	21	41	28	*
1990 Oct 11-14	2	19	33	46	*
<b><u>WOMEN</u></b>					
2012 Jul 9-12	19	36	28	16	*
2010 Jul 8-11	20	39	24	17	*
2005 Jul 7-10	20	37	28	15	--
1999 Jul 22-25	20	32	29	19	--
1990 Oct 11-14	13	33	32	22	*