## GALLUP NEWS SERVICE

# GALLUP POLL SOCIAL SERIES: CONSUMPTION HABITS 

Results are based on telephone interviews conducted July 1-12, 2019 with a random sample of $-1,525$-adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is $\pm 3$ percentage points at the $95 \%$ confidence level.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of $\mathbf{7 0 \%}$ cell phone respondents and $\mathbf{3 0 \%}$ landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Gallup obtained sample for this study from Dynata. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phoneonly/landline only/both and cell phone mostly). Demographic weighting targets are based on the March 2018 Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the January-June 2018 National Health Interview Survey. Population density targets are based on the 2010 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact galluphelp@gallup.com.
31. How often do you or your family do each of the following-more than once a week, once a week, once or twice a month, a few times a year, less often, or never? How about -- [RANDOM ORDER]?

## A. Shop for groceries in person at a grocery or other store

|  | More <br> than once <br> a week | week <br> Once a | Once or <br> twice a <br> month | Few <br> times a <br> year | Less <br> often | Never | No <br> opinion |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 2019 Jul 1-12 | 37 | 46 | 14 | 1 | 1 | 1 | $*$ |
| 2018 Jul 1-11 |  |  |  |  |  |  | $*$ |
| 2017 Jul 5-9 | 32 | 49 | 17 | 1 | - | 1 | $*$ |

## B. Order groceries online for pick-up or delivery

| More |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Man once <br> a week | Once a <br> week | Once or <br> twice a <br> month | Few <br> times a <br> year | Less <br> often | $\underline{n}$ | Never | No <br> opinion |
| 2019 Jul 1-12 | 1 | 3 | 7 | 4 | 3 | 81 | $*$ |
| 2018 Jul 1-11 |  |  |  |  |  |  | $*$ |
| 2017 Jul 5-9 | 1 | 3 | 5 | 4 | 2 | 84 | $*$ |

## C. Order a meal preparation kit that contains fresh foods and is delivered to your home

|  | More than once a week | Once a week | Once or twice a month |  | Less often | Never | $\begin{array}{r} \text { No } \\ \text { opinion } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2019 Jul 1-12 | 1 | 2 | 4 | 2 | 3 | 88 | * |
| 2018 Jul 1-11 | * | 1 | 3 | 4 | 2 | 89 | -- |

D. Order food for take-out or delivery from a restaurant or pizzeria

| More |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Man once <br> a week | Once a <br> week | Once or <br> twice a <br> month | Few <br> times a <br> year | Less <br> often | $\underline{n}$ | Never | No <br> opinion |
| 2019 Jul 1-12 | 12 | 23 | 35 | 11 | 4 | 14 | 1 |
| 2018 Jul 1-11 | 9 | 22 | 38 | 11 | 4 | 16 | $*$ |

## E. Eat a meal out at a restaurant

|  | More than once a week | Once a week | Once or twice a month | Few times a year | Less often | Never | $\begin{array}{r} \text { No } \\ \text { opinion } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2019 Jul 1-12 | 24 | 29 | 34 | 8 | 2 | 2 | * |
| 2018 Jul 1-11 | 18 | 27 | 39 | 8 | 3 | 5 | -- |

GALLUP POLL SOCIAL SURVEY

QN31A: Shop for groceries in person at a store BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology

|  |  | Total | Gender |  | Race I |  | Age |  |  | Education |  |  | Party I.D. |  |  | Ideology |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female | White | Non-white | 18-34 | 35-54 | 55+ | College Grad | Some College | HS Grad or Less | Republica <br> n | Independ ent | Democrat | Conserva tive | Moderate | Liberal |
| Total | Unweighted n |  | 1525 | 827 | 698 | 1133 | 356 | 310 | 378 | 813 | 639 | 510 | 367 | 491 | 582 | 411 | 600 | 527 | 335 |
|  | Weighted n | 1525 | 752 | 773 | 1022 | 478 | 437 | 464 | 602 | 502 | 440 | 577 | 447 | 612 | 414 | 575 | 535 | 344 |
| More than once a week |  | 567 | 284 | 283 | 375 | 182 | 137 | 194 | 231 | 209 | 162 | 194 | 174 | 209 | 167 | 222 | 185 | 134 |
|  |  | 37\% | 38\% | 37\% | 37\% | 38\% | 31\% | 42\% | 38\% | 42\% | 37\% | 34\% | 39\% | 34\% | 40\% | 39\% | 35\% | 39\% |
| Once a week |  | 701 | 334 | 367 | 498 | 191 | 196 | 217 | 274 | 242 | 200 | 256 | 205 | 300 | 176 | 269 | 254 | 157 |
|  |  | 46\% | 44\% | 47\% | 49\% | 40\% | 45\% | 47\% | 46\% | 48\% | 45\% | 44\% | 46\% | 49\% | 43\% | 47\% | 48\% | 46\% |
| Once or twice a month |  | 209 | 105 | 104 | 127 | 79 | 86 | 43 | 77 | 46 | 74 | 87 | 55 | 84 | 58 | 70 | 81 | 44 |
|  |  | 14\% | 14\% | 13\% | 12\% | 16\% | 20\% | 9\% | 13\% | 9\% | 17\% | 15\% | 12\% | 14\% | 14\% | 12\% | 15\% | 13\% |
| A few times a year |  | 19 | 9 | 9 | 5 | 13 | 6 | 6 | 7 | 2 | 1 | 15 | 1 | 5 | 10 | 7 | 7 | 2 |
|  |  | 1\% | 1\% | 1\% | 1\% | 3\% | 1\% | 1\% | 1\% | 0\% | 0\% | 3\% | 0\% | 1\% | 2\% | 1\% | 1\% | 1\% |
| Less often |  | 12 | 5 | 7 | 6 | 5 | 4 | 3 | 5 | 1 | 1 | 10 | 5 | 6 | 1 | 2 | 4 | 3 |
|  |  | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 0\% | 0\% | 2\% | 1\% | 1\% | 0\% | 0\% | 1\% | 1\% |
| Never |  | 13 | 10 | 4 | 8 | 5 | 5 | 1 | 8 | 1 | 2 | 10 | 3 | 9 | 1 | 5 | 3 | 2 |
|  |  | 1\% | 1\% | 0\% | 1\% | 1\% | 1\% | 0\% | 1\% | 0\% | 0\% | 2\% | 1\% | 1\% | 0\% | 1\% | 1\% | 1\% |
| (DK)/(Refused) |  | 4 | 4 |  | 1 | 3 | 3 - |  | 1. |  |  | 4 | 3 | 1 | - | - - | - | 1 |
|  |  | 0\% | 1\% |  | 0\% | 1\% | 1\% - |  | 0\% - |  |  | 1\% | 1\% | 0\% |  | - - | - | 0\% |



| GALLUP POLL SOCIAL SURVEY <br> July 2019 <br> Public Release Data |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Gender |  | Race I |  | Age |  |  | Education |  |  | Party I.D. |  |  | Ideology |  |  |
|  |  |  | Male | Female | White | Non-white | 18-34 | 35-54 | 55+ | College Grad | Some College | HS Grad or Less | $\begin{gathered} \text { Republica } \\ \mathrm{n} \end{gathered}$ | Independ ent | Democrat | Conserva tive 600 | Moderate | Liberal |
| Total | Unweighted n | 1525 | 827 | 698 | 1133 | 356 | 310 | 378 | 813 | 639 | 510 | 367 | 491 | 582 | 411 |  | 527 | 335 |
|  | Weighted n | 1525 | 752 | 773 | 1022 | 478 | 437 | 464 | 602 | 502 | 440 | 577 | 447 | 612 | 414 | 575 | 535 | 344 |
| More than once a week |  | 13 | 8 | 6 | 11 | 3 | 5 | 4 | 5 | 3 | 8 | 3 | 5 | 4 | 5 | 5 | 5 | 3 |
|  |  | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 2\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% | 1\% |
| Once a week |  | 26 | 20 | 6 | 10 | 15 | 9 | 9 | 7 | 6 | 5 | 14 | 9 | 5 | 9 | 8 | 10 | 3 |
|  |  | 2\% | 3\% | 1\% | 1\% | 3\% | 2\% | 2\% | 1\% | 1\% | 1\% | 2\% | 2\% | 1\% | 2\% | 1\% | 2\% | 1\% |
| Once or twice a month |  | 54 | 39 | 16 | 22 | 32 | 17 | 21 | 13 | 9 | 12 | 33 | 10 | 25 | 16 | 19 | 21 | 8 |
|  |  | 4\% | 5\% | 2\% | 2\% | 7\% | 4\% | 5\% | 2\% | 2\% | 3\% | 6\% | 2\% | 4\% | 4\% | 3\% | 4\% | 2\% |
| A few times a year |  | 34 | 18 | 17 | 28 | 7 | 16 | 9 | 8 | 15 | 5 | 14 | 8 | 14 | 10 | 7 | 15 | 10 |
|  |  | 2\% | 2\% | 2\% | 3\% | 1\% | 4\% | 2\% | 1\% | 3\% | 1\% | 2\% | 2\% | 2\% | 2\% | 1\% | 3\% | 3\% |
| Less often |  | 52 | 25 | 27 | 30 | 22 | 9 | 21 | 20 | 26 | 11 | 15 | 7 | 22 | 19 | 13 | 25 | 11 |
|  |  | 3\% | 3\% | 3\% | 3\% | 5\% | 2\% | 5\% | 3\% | 5\% | 2\% | 3\% | 1\% | 4\% | 5\% | 2\% | 5\% | 3\% |
| Never |  | 1342 | 641 | 701 | 919 | 398 | 381 | 400 | 548 | 442 | 399 | 496 | 407 | 540 | 354 | 522 | 457 | 309 |
|  |  | 88\% | 85\% | 91\% | 90\% | 83\% | 87\% | 86\% | 91\% | 88\% | 91\% | 86\% | 91\% | 88\% | 86\% | 91\% | 85\% | 90\% |
| (DK)/(Refused) |  | 3 | 2 | 1 | 3 | 1 - |  |  | 2 | 1 | 0 | 2 | 2 | 1 | 1 | 2 | 1 | 1 |
|  |  | 0\% | 0\% | 0\% | 0\% | 0\%- |  |  | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% | 0\% |


| GALLUP POLL SOCIAL SURVEY <br> July 2019 <br> Public Release Data <br> D: Order meals for take-out BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Gender |  | Race I |  | Age |  |  | Education |  |  | Party I.D. |  |  | Ideology |  |  |
|  |  |  | Male | Female | White | Non-white | 18-34 | 35-54 | 55+ | College Grad | Some College | HS Grad or Less | Republica n | Independ ent | Democrat | Conserva tive | Moderate | Liberal |
| Total | Unweighted n | 1525 | 827 | 698 | 1133 | 356 | 310 | 378 | 813 | 639 | 510 | 367 | 491 | 582 | 411 | 600 | 527 | 335 |
|  | Weighted n | 1525 | 752 | 773 | 1022 | 478 | 437 | 464 | 602 | 502 | 440 | 577 | 447 | 612 | 414 | 575 | 535 | 344 |
| More than once a week |  | 187 | 90 | 97 | 102 | 79 | 83 | 66 | 38 | 59 | 55 | 72 | 43 | 77 | 59 | 55 | 66 | 56 |
|  |  | 12\% | 12\% | 13\% | 10\% | 17\% | 19\% | 14\% | 6\% | 12\% | 12\% | 12\% | 10\% | 13\% | 14\% | 10\% | 12\% | 16\% |
| Once a week |  | 349 | 168 | 181 | 232 | 113 | 99 | 137 | 110 | 137 | 93 | 119 | 104 | 130 | 106 | 127 | 122 | 90 |
|  |  | 23\% | 22\% | 23\% | 23\% | 24\% | 23\% | 30\% | 18\% | 27\% | 21\% | 21\% | 23\% | 21\% | 26\% | 22\% | 23\% | 26\% |
| Once or twice a month |  | 535 | 264 | 271 | 371 | 156 | 177 | 169 | 183 | 171 | 172 | 190 | 150 | 228 | 140 | 188 | 203 | 119 |
|  |  | 35\% | 35\% | 35\% | 36\% | 33\% | 40\% | 36\% | 30\% | 34\% | 39\% | 33\% | 34\% | 37\% | 34\% | 33\% | 38\% | 34\% |
| A few times a year |  | 169 | 85 | 84 | 125 | 41 | 37 | 39 | 89 | 56 | 49 | 64 | 51 | 70 | 43 | 71 | 59 | 32 |
|  |  | 11\% | 11\% | 11\% | 12\% | 9\% | 8\% | 8\% | 15\% | 11\% | 11\% | 11\% | 12\% | 11\% | 10\% | 12\% | 11\% | 9\% |
| Less often |  | 57 | 30 | 27 | 42 | 14 | 6 | 17 | 34 | 22 | 14 | 21 | 13 | 25 | 18 | 20 | 22 | 12 |
|  |  | 4\% | 4\% | 4\% | 4\% | 3\% | 1\% | 4\% | 6\% | 4\% | 3\% | 4\% | 3\% | 4\% | 4\% | 3\% | 4\% | 4\% |
| Never |  | 220 | 113 | 108 | 144 | 71 | 35 | 33 | 143 | 57 | 57 | 104 | 85 | 78 | 49 | 114 | 63 | 32 |
|  |  | 14\% | 15\% | 14\% | 14\% | 15\% | 8\% | 7\% | 24\% | 11\% | 13\% | 18\% | 19\% | 13\% | 12\% | 20\% | 12\% | 9\% |
| (DK)/(Refused) |  | 8 | 3 | 5 | 5 | 3. |  | 2 | 4 - |  | 1 | 7. | - | 4 | - | 1 |  | 2 |
|  |  | 1\% | 0\% | 1\% | 0\% | 1\% |  | 0\% | 1\% - |  | 0\% | 1\% |  | 1\% |  | 0\% |  | 1\% |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Gender |  | Race I |  | Age |  |  | Education |  |  | Party I.D. |  |  | Ideology |  |  |
|  |  |  | Male | Female | White | Non-white | 18-34 | 35-54 | 55+ | College Grad | Some College | HS Grad or Less | Republica n | Independ ent | Democrat | Conserva tive | Moderate | Liberal |
| Total | Unweighted n | 1525 | 827 | 698 | 1133 | 356 | 310 | 378 | 813 | 639 | 510 | 367 | 491 | 582 | 411 | 600 | 527 | 335 |
|  | Weighted n | 1525 | 752 | 773 | 1022 | 478 | 437 | 464 | 602 | 502 | 440 | 577 | 447 | 612 | 414 | 575 | 535 | 344 |
| More than once a week |  | 370 | 193 | 178 | 254 | 105 | 108 | 117 | 141 | 140 | 99 | 129 | 123 | 119 | 116 | 141 | 114 | 104 |
|  |  | 24\% | 26\% | 23\% | 25\% | 22\% | 25\% | 25\% | 23\% | 28\% | 22\% | 22\% | 28\% | 19\% | 28\% | 24\% | 21\% | 30\% |
| Once a week |  | 443 | 209 | 234 | 322 | 114 | 132 | 137 | 169 | 159 | 121 | 162 | 148 | 184 | 100 | 171 | 161 | 99 |
|  |  | 29\% | 28\% | 30\% | 32\% | 24\% | 30\% | 30\% | 28\% | 32\% | 28\% | 28\% | 33\% | 30\% | 24\% | 30\% | 30\% | 29\% |
| Once or twice a month |  | 517 | 255 | 262 | 323 | 188 | 144 | 169 | 196 | 153 | 166 | 196 | 130 | 219 | 153 | 196 | 194 | 103 |
|  |  | 34\% | 34\% | 34\% | 32\% | 39\% | 33\% | 37\% | 33\% | 30\% | 38\% | 34\% | 29\% | 36\% | 37\% | 34\% | 36\% | 30\% |
| A few times a year |  | 119 | 65 | 53 | 74 | 43 | 26 | 27 | 62 | 35 | 37 | 46 | 27 | 55 | 33 | 40 | 41 | 26 |
|  |  | 8\% | 9\% | 7\% | 7\% | 9\% | 6\% | 6\% | 10\% | 7\% | 8\% | 8\% | 6\% | 9\% | 8\% | 7\% | 8\% | 8\% |
| Less often |  | 36 | 15 | 21 | 25 | 11 | 11 | 7 | 18 | 9 | 9 | 18 | 10 | 13 | 7 | 12 | 12 | 7 |
|  |  | 2\% | 2\% | 3\% | 2\% | 2\% | 2\% | 2\% | 3\% | 2\% | 2\% | 3\% | 2\% | 2\% | 2\% | 2\% | 2\% | 2\% |
| Never |  | 35 | 15 | 20 | 21 | 14 | 17 | 6 | 12 | 6 | 8 | 21 | 8 | 22 | 5 | 15 | 12 | 5 |
|  |  | 2\% | 2\% | 3\% | 2\% | 3\% | 4\% | 1\% | 2\% | 1\% | 2\% | 4\% | 2\% | 4\% | 1\% | 3\% | 2\% | 1\% |
| (DK)/(Refused) |  | 5 | 0 | 5 | 3 | 3 |  |  | 4 | 0 |  | 5 | 0 | 1 | 0 | 0 | 0 |  |
|  |  | 0\% | 0\% | 1\% | 0\% | 1\% |  |  | 1\% | 0\% |  | 1\% | 0\% | 0\% | 0\% | 0\% | 0\% |  |

