

**GALLUP NEWS SERVICE**

**GALLUP POLL SOCIAL SERIES:  
HEALTH AND HEALTHCARE**

-- FINAL TOPLINE --

Timberline: 937614  
T: 412  
Princeton Job #: 20-11-019

November 5-19, 2020

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Results are based on telephone interviews conducted November 5-19, 2020 with a random sample of **~1,018** adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is  $\pm 4$  percentage points at the 95% confidence level.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of 70% cell phone respondents and 30% landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Gallup obtained sample for this study from Dynata. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phone-only/landline only/both and cell phone mostly). Demographic weighting targets are based on the March 2018 Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the January-June 2019 National Health Interview Survey. Population density targets are based on the 2010 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact [galluphelp@gallup.com](mailto:galluphelp@gallup.com).

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Next, we have some questions about your personal health that are designed to give us a better understanding of the health problems faced by the American public. First,

10. How would you describe your own physical health at this time? Would you say your physical health is -- excellent, good, only fair, or poor?

	<u>Excellent</u>	<u>Good</u>	<u>Only fair</u>	<u>Poor</u>	<u>No opinion</u>
2020 Nov 5-19	29	50	16	4	*
2019 Nov 1-14	28	53	15	4	--
2018 Nov 1-11	28	51	17	4	*
2017 Nov 2-8	29	47	19	5	*
2016 Nov 9-13	31	48	15	6	*
2015 Nov 4-8	29	50	16	5	*
2014 Nov 6-9	29	49	15	6	1
2013 Nov 7-10	31	49	15	5	*
2012 Nov 15-18	32	49	14	6	*
2011 Nov 3-6	32	49	13	5	*
2010 Nov 4-7	30	51	12	6	*
2009 Nov 5-8	30	48	17	5	*
2008 Nov 13-16	32	48	15	5	*
2007 Nov 11-14	31	50	15	4	--
2006 Nov 9-12	28	51	16	5	--
2005 Nov 7-10	28	50	18	4	*
2004 Nov 7-10	32	48	14	6	*
2003 Nov 3-5	32	50	14	4	*
2002 Nov 11-14	34	45	14	6	1
2001 Nov 8-11	29	49	17	5	*

11. How would you describe your own mental health or emotional well-being at this time? Would you say it is -- excellent, good, only fair, or poor?

	<u>Excellent</u>	<u>Good</u>	<u>Only fair</u>	<u>Poor</u>	<u>No opinion</u>
2020 Nov 5-19	34	42	18	5	1
2019 Nov 1-14	43	42	12	3	*
2018 Nov 1-11	43	40	13	3	*
2017 Nov 2-8	45	37	14	3	--
2016 Nov 9-13	44	42	11	3	*
2015 Nov 4-8	43	45	8	4	*
2014 Nov 6-9	45	39	13	2	1
2013 Nov 7-10	47	40	10	3	*
2012 Nov 15-18	48	41	9	2	*
2011 Nov 3-6	46	41	10	3	*
2010 Nov 4-7	45	42	10	3	*
2009 Nov 5-8	43	46	9	2	--
2008 Nov 13-16	45	42	11	2	*
2007 Nov 11-14	45	42	11	2	*
2006 Nov 9-12	45	41	11	3	*
2005 Nov 7-10	42	43	13	2	*
2004 Nov 7-10	51	37	9	3	--
2003 Nov 3-5	43	44	11	2	*
2002 Nov 11-14	43	38	15	3	1
2001 Nov 8-11	43	42	12	3	*

**GALLUP POLL SOCIAL SURVEY**  
**November 2020**  
**Public Release Data**

**QN10: Describe Physical Health BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology**

		Gender			Race I		Age			Education			Party I.D.			Ideology		
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1018	525	493	713	285	201	270	530	444	347	220	302	375	327	368	357	267
	Weighted n	1018	500	518	667	341	283	316	401	339	289	385	310	384	311	370	339	275
Excellent		296	136	160	199	94	109	93	88	124	78	94	103	102	90	119	94	79
		29%	27%	31%	30%	27%	39%	30%	22%	37%	27%	24%	33%	26%	29%	32%	28%	29%
Good		508	262	245	339	163	130	159	212	165	158	183	153	204	146	180	173	145
		50%	52%	47%	51%	48%	46%	50%	53%	49%	55%	48%	49%	53%	47%	48%	51%	53%
Only fair		166	80	86	102	63	37	51	74	41	43	79	40	67	56	60	56	41
		16%	16%	17%	15%	18%	13%	16%	19%	12%	15%	20%	13%	17%	18%	16%	17%	15%
Poor		45	19	27	26	19	7	11	26	6	10	29	12	11	20	11	15	10
		4%	4%	5%	4%	6%	3%	4%	7%	2%	3%	8%	4%	3%	6%	3%	4%	3%
(DK)/(Refused)		3	3	-	0	2	-	2	0	2	-	-	2	1	-	2	1	-
		0%	1%	-	0%	1%	-	1%	0%	1%	-	-	1%	0%	-	0%	0%	-

**GALLUP POLL SOCIAL SURVEY  
November 2020  
Public Release Data**

**QN11: Describe Mental Health BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology**

		Gender			Race I		Age			Education			Party I.D.			Ideology		
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1018	525	493	713	285	201	270	530	444	347	220	302	375	327	368	357	267
	Weighted n	1018	500	518	667	341	283	316	401	339	289	385	310	384	311	370	339	275
Excellent		346	207	140	232	109	91	103	146	125	112	108	127	124	90	164	103	70
		34%	41%	27%	35%	32%	32%	33%	36%	37%	39%	28%	41%	32%	29%	44%	30%	25%
Good		430	189	241	302	124	100	134	190	153	118	156	134	144	149	138	152	127
		42%	38%	47%	45%	36%	35%	42%	48%	45%	41%	40%	43%	37%	48%	37%	45%	46%
Only fair		187	85	101	112	73	67	64	53	51	40	95	39	88	55	52	66	61
		18%	17%	20%	17%	21%	24%	20%	13%	15%	14%	25%	12%	23%	18%	14%	19%	22%
Poor		49	14	35	19	30	25	13	8	7	19	24	9	24	16	11	17	17
		5%	3%	7%	3%	9%	9%	4%	2%	2%	6%	6%	3%	6%	5%	3%	5%	6%
(DK)/(Refused)		6	5	1	1	6	-	3	3	3	0	2	2	3	1	5	1	-
		1%	1%	0%	0%	2%	-	1%	1%	1%	0%	1%	1%	1%	0%	1%	0%	-