

**GALLUP NEWS SERVICE**

**GALLUP POLL SOCIAL SERIES: MOOD OF THE NATION**

-- FINAL TOPLINE --

Timberline: 937614  
T: 430  
Princeton Job #: 21-01-001

January 4-15, 2021

---

Results are based on telephone interviews conducted January 4-15, 2021 with a random sample of **-1,023—**adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is **±4** percentage points at the 95% confidence level.

For results based on the samples of **-515—**adults in Form A and **-508—**adults in Form B, the maximum margin of sampling error is **±5** percentage points.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of 70% cell phone respondents and 30% landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Gallup obtained sample for this study from Dynata. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phone-only/landline only/both and cell phone mostly). Demographic weighting targets are based on the March 2019 Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the July-December 2019 National Health Interview Survey. Population density targets are based on the 2010 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact [galluphelp@gallup.com](mailto:galluphelp@gallup.com).

---

Now turning to your own life,

5. In general, are you satisfied or dissatisfied with the way things are going in your personal life at this time?

	<u>Satisfied</u>	<u>Dis- satisfied</u>	<u>No opinion</u>		<u>Satisfied</u>	<u>Dis- satisfied</u>	<u>No opinion</u>
2021 Jan 4-15	82	18	*	1991 Feb 14-17	84	15	1
				1991 Jan 17-20	86	12	2
2020 Jan 2-15	90	10	*	1991 Jan 3-6	84	14	2
2019 Jan 2-10	86	13	1	1990 Dec 13-16	82	18	*
2017 Jan 4-8	87	12	1	1990 Nov	85	13	2
2016 Jan 6-10	85	14	1	1990 Oct 25-28	87	11	2
2015 Jan 5-8	85	14	1	1990 Oct 11-14	82	16	2
2013 Dec 5-8	79	20	1	1990 Sep	85	13	2
2011 Nov 28-Dec 1	78	21	1	1990 Aug 30-Sep 2	86	12	2
2008 Dec 4-7	80	18	2	1990 Jul	81	17	2
2007 Dec 6-9	84	14	2	1990 Feb	83	16	1
2006 Dec 11-14	84	15	1	1990 Aug 9-12	85	13	2
2005 Dec 5-8	85	13	2	1988 Sep	87	12	1
2004 Dec 5-8	84	14	2	1988 May	80	16	4
2003 Dec 11-14	88	11	1	1987 Aug	83	15	2
2003 Jan 13-16	85	14	1	1986 Sep	84	14	2
2002 Dec 5-8	83	16	1	1986 Mar	84	15	1
2002 Jan 7-9	85	14	1	1985 Nov	82	17	1
2001 Dec 6-9	84	15	1	1984 Dec	79	17	4
2001 Jan 10-14	85	14	1	1984 Feb	79	19	2
2000 Oct 6-9	87	12	1	1983 Aug	77	20	3
1998 Dec 28-29	86	13	1	1982 Nov	75	23	2
1996 Mar 8-10	86	12	2	1982 Apr	76	22	2
1993 Dec 4-6	82	17	1	1981 Dec	81	17	2
1992 Feb 28-Mar 1	79	20	1	1981 Jun	81	16	3
1992 Jan 3-6	77	22	1	1981 Jan	81	17	2
1991 Nov	79	19	2	1979 Nov	79	19	2
1991 Oct	81	18	1	1979 Jul	73	23	4
1991 Aug	82	16	2	1979 Feb	77	21	2
1991 Feb 28-Mar 3	87	12	1				

6. Are you very [satisfied/dissatisfied], or just somewhat [satisfied/dissatisfied]?

**COMBINED RESPONSES (Q.5-6)**

	<u>Very satisfied</u>	<u>Somewhat satisfied</u>	<u>Somewhat dissatisfied</u>	<u>Very dissatisfied</u>	<u>No opinion</u>
2021 Jan 4-15	51	31	11	7	*
2020 Jan 2-15	65	25	6	4	*
2019 Jan 2-10	56	30	7	6	1
2017 Jan 4-8	57	30	7	5	1
2016 Jan 6-10	53	32	8	6	1
2013 Dec 5-8	50	29	13	7	1
2011 Nov 28-Dec 1	46	32	12	9	1
2008 Dec 4-7	47	33	10	8	2
2007 Dec 6-9	59	25	9	5	2
2006 Dec 11-14	55	29	10	5	1
2005 Dec 5-8	57	28	8	5	2
2004 Dec 5-8	58	26	9	5	2
2003 Dec 11-14	58	30	7	4	1
2003 Jan 13-16	58	27	9	5	1
2002 Dec 5-8	50	33	11	5	1
2002 Jan 7-9	56	29	9	5	1
2001 Dec 6-9	54	30	10	5	1
2001 Jan 10-14	56	29	10	4	1

**GALLUP POLL SOCIAL SURVEY  
January 2021  
Public Release Data**

**QN5: Personal Life Satisfaction BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology**

		Gender			Race I		Age			Education			Party I.D.			Ideology		
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1023	531	492	800	211	180	276	557	489	310	218	272	426	305	396	359	247
	Weighted n	1022	502	521	687	324	272	331	410	363	288	368	242	453	307	358	362	280
Satisfied		833	415	419	599	226	220	269	337	304	249	276	216	368	237	305	296	213
		82%	83%	80%	87%	70%	81%	81%	82%	84%	86%	75%	89%	81%	77%	85%	82%	76%
Dissatisfied		184	87	98	83	98	52	60	69	58	36	90	25	85	67	52	65	65
		18%	17%	19%	12%	30%	19%	18%	17%	16%	13%	24%	10%	19%	22%	15%	18%	23%
(DK)/(Refused)		5	0	4	5	-	-	2	3	1	3	1	1	0	3	1	1	2
		0%	0%	1%	1%	-	-	1%	1%	0%	1%	0%	1%	0%	1%	0%	0%	1%

**GALLUP POLL SOCIAL SURVEY  
January 2021  
Public Release Data**

**QN5QN6COMBO: Satisfied with Personal Life BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology**

		Gender			Race I		Age			Education			Party I.D.			Ideology		
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1023	531	492	800	211	180	276	557	489	310	218	272	426	305	396	359	247
	Weighted n	1022	502	521	687	324	272	331	410	363	288	368	242	453	307	358	362	280
Very satisfied		522	274	248	390	127	117	166	234	186	165	168	155	233	130	211	187	110
		51%	55%	48%	57%	39%	43%	50%	57%	51%	57%	46%	64%	51%	42%	59%	52%	39%
Somewhat satisfied		311	141	170	209	99	103	103	104	118	84	108	61	135	107	94	109	103
		30%	28%	33%	30%	31%	38%	31%	25%	33%	29%	29%	25%	30%	35%	26%	30%	37%
Somewhat dissatisfied		111	56	55	47	61	32	39	39	43	21	48	14	46	45	36	36	38
		11%	11%	11%	7%	19%	12%	12%	9%	12%	7%	13%	6%	10%	15%	10%	10%	14%
Very dissatisfied		73	31	43	36	37	20	21	31	15	16	42	11	40	22	16	29	27
		7%	6%	8%	5%	11%	7%	6%	8%	4%	5%	12%	5%	9%	7%	4%	8%	9%
No opinion		5	0	4	5	-	-	2	3	1	3	1	1	0	3	1	1	2
		0%	0%	1%	1%	-	-	1%	1%	0%	1%	0%	1%	0%	1%	0%	0%	1%