

GALLUP NEWS SERVICE

**GALLUP POLL SOCIAL SERIES:
HEALTH AND HEALTHCARE**

-- FINAL TOPLINE --

Timberline: 937614
T: 508
Princeton Job #: 22-11-011

November 9-December 2, 2022

Results are based on telephone interviews conducted November 9-December 2, 2022, with a random sample of – 1,020—adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is ± 4 percentage points at the 95% confidence level.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of 75% cell phone respondents and 25% landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Gallup obtained sample for this study from Dynata. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phone-only/landline only/both and cell phone mostly). Demographic weighting targets are based on the March 2021 Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the July-December 2020 National Health Interview Survey. Population density targets are based on the 2020 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact galluphelp@gallup.com.

Next, we have some questions about your personal health that are designed to give us a better understanding of the health problems faced by the American public. First,

10. How would you describe your own physical health at this time? Would you say your physical health is -- excellent, good, only fair, or poor?

	<u>Excellent</u>	<u>Good</u>	<u>Only fair</u>	<u>Poor</u>	<u>No opinion</u>
2022 Nov 9-Dec 2	26	47	21	5	*
2021 Nov 1-16	27	51	16	6	*
2020 Nov 5-19	29	50	16	4	*
2019 Nov 1-14	28	53	15	4	--
2018 Nov 1-11	28	51	17	4	*
2017 Nov 2-8	29	47	19	5	*
2016 Nov 9-13	31	48	15	6	*
2015 Nov 4-8	29	50	16	5	*
2014 Nov 6-9	29	49	15	6	1
2013 Nov 7-10	31	49	15	5	*
2012 Nov 15-18	32	49	14	6	*
2011 Nov 3-6	32	49	13	5	*
2010 Nov 4-7	30	51	12	6	*
2009 Nov 5-8	30	48	17	5	*
2008 Nov 13-16	32	48	15	5	*
2007 Nov 11-14	31	50	15	4	--
2006 Nov 9-12	28	51	16	5	--
2005 Nov 7-10	28	50	18	4	*
2004 Nov 7-10	32	48	14	6	*
2003 Nov 3-5	32	50	14	4	*
2002 Nov 11-14	34	45	14	6	1
2001 Nov 8-11	29	49	17	5	*

11. How would you describe your own mental health or emotional well-being at this time? Would you say it is -- excellent, good, only fair, or poor?

	<u>Excellent</u>	<u>Good</u>	<u>Only fair</u>	<u>Poor</u>	<u>No opinion</u>
2022 Nov 9-Dec 2	31	44	17	7	*
2021 Nov 1-16	34	47	15	4	*
2020 Nov 5-19	34	42	18	5	1
2019 Nov 1-14	43	42	12	3	*
2018 Nov 1-11	43	40	13	3	*
2017 Nov 2-8	45	37	14	3	--
2016 Nov 9-13	44	42	11	3	*
2015 Nov 4-8	43	45	8	4	*
2014 Nov 6-9	45	39	13	2	1
2013 Nov 7-10	47	40	10	3	*
2012 Nov 15-18	48	41	9	2	*
2011 Nov 3-6	46	41	10	3	*
2010 Nov 4-7	45	42	10	3	*
2009 Nov 5-8	43	46	9	2	--
2008 Nov 13-16	45	42	11	2	*
2007 Nov 11-14	45	42	11	2	*
2006 Nov 9-12	45	41	11	3	*
2005 Nov 7-10	42	43	13	2	*
2004 Nov 7-10	51	37	9	3	--
2003 Nov 3-5	43	44	11	2	*
2002 Nov 11-14	43	38	15	3	1
2001 Nov 8-11	43	42	12	3	*

20. Using your best estimate, in total, how many times have you visited a psychologist, therapist, psychiatrist, or some other mental health official in the last twelve months? *[Record exact number]*

	<u>None</u>	<u>1 time</u>	<u>2 times</u>	<u>3 times</u>	<u>4 times</u>	<u>5-10 times</u>	<u>11 + times</u>	<u>No opinion</u>	<u>Mean</u>	<u>Median</u>
2022 Nov 9-Dec 2	77	3	3	2	2	4	9	1	3.2	0
2004 Nov 7-10	87	2	2	1	1	2	4	1	1.5	0
2001 Nov 8-11	90	2	1	1	1	2	3	*	1.1	0

21. Using your best estimate, in total, how many times have you visited a doctor in the last twelve months? *[Record exact number]*

	<u>None</u>	<u>1 time</u>	<u>2 times</u>	<u>3 times</u>	<u>4 times</u>	<u>5-10 times</u>	<u>11 + times</u>	<u>No opinion</u>	<u>Mean</u>	<u>Median</u>
2022 Nov 9-Dec 2	10	13	18	14	12	23	11	1	5.6	3
2004 Nov 7-10	9	16	19	13	9	19	14	1	6.3	3
2001 Nov 8-11	13	20	18	12	8	18	10	1	4.7	2
1991 Jun 27-30	16	19	17	14	7	16	10	1	--	--

**GALLUP POLL SOCIAL SURVEY
November 2022
Public Release Data**

QN10: Physical Health Rating BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology

		Gender		Race I		Age			Education			Party I.D.			Ideology			
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1020	564	445	742	252	188	273	536	445	321	247	322	406	263	389	346	246
	Weighted n	1020	493	513	662	341	274	335	391	363	282	372	302	425	264	356	357	266
Excellent		267	132	131	177	86	91	93	79	130	55	81	71	125	65	91	88	81
		26%	27%	26%	27%	25%	33%	28%	20%	36%	20%	22%	23%	29%	24%	25%	25%	31%
Good		479	239	238	313	158	114	148	206	182	144	153	157	190	119	174	172	115
		47%	48%	46%	47%	46%	42%	44%	53%	50%	51%	41%	52%	45%	45%	49%	48%	43%
Only fair		218	99	114	138	79	54	77	83	44	66	107	59	87	65	77	71	57
		21%	20%	22%	21%	23%	20%	23%	21%	12%	23%	29%	20%	20%	25%	22%	20%	21%
Poor		52	19	30	32	18	15	14	23	6	16	29	13	22	15	13	24	12
		5%	4%	6%	5%	5%	5%	4%	6%	2%	6%	8%	4%	5%	6%	4%	7%	5%
(DK)/(Refused)		4	4	0	4	-	-	2	1	1	2	2	3	1	1	1	3	0
		0%	1%	0%	1%	-	-	1%	0%	0%	1%	0%	1%	0%	0%	0%	1%	0%

**GALLUP POLL SOCIAL SURVEY
November 2022
Public Release Data**

QN11: Mental Health Rating BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology

		Gender		Race I		Age			Education			Party I.D.			Ideology			
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Unweighted n	1020	564	445	742	252	188	273	536	445	321	247	322	406	263	389	346	246
	Weighted n	1020	493	513	662	341	274	335	391	363	282	372	302	425	264	356	357	266
Excellent		319	176	141	234	80	54	108	147	121	90	106	117	126	66	141	107	63
		31%	36%	28%	35%	23%	20%	32%	38%	33%	32%	29%	39%	30%	25%	40%	30%	24%
Good		451	218	231	280	163	94	166	183	194	118	138	130	173	134	163	153	113
		44%	44%	45%	42%	48%	34%	50%	47%	53%	42%	37%	43%	41%	51%	46%	43%	43%
Only fair		172	68	100	113	56	74	47	51	41	48	83	46	78	46	40	77	52
		17%	14%	20%	17%	17%	27%	14%	13%	11%	17%	22%	15%	18%	17%	11%	22%	20%
Poor		74	27	41	31	41	52	12	10	6	24	43	5	48	18	11	18	38
		7%	5%	8%	5%	12%	19%	4%	3%	2%	9%	12%	2%	11%	7%	3%	5%	14%
(DK)/(Refused)		4	4	-	4	-	-	2	1	1	2	2	4	1	-	2	2	-
		0%	1%	-	1%	-	-	1%	0%	0%	1%	0%	1%	0%	-	1%	1%	-

**GALLUP POLL SOCIAL SURVEY
November 2022**

QN21: Annual Number of Doctor Visits + QN21MEAN + QN21MEAN BY Total + Gender + Race I + Age + Education + Party I.D. + Ideology

		Gender		Race I		Age			Education			Party I.D.			Ideology			
		Total	Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Conservative	Moderate	Liberal
Total	Weighted n	1020	493	513	662	341	274	335	391	363	282	372	302	425	264	356	357	266
	Unweighted n	1020	564	445	742	252	188	273	536	445	321	247	322	406	263	389	346	246
None		102	75	25	51	49	45	38	15	28	24	49	29	54	16	33	25	40
		10%	15%	5%	8%	14%	17%	11%	4%	8%	9%	13%	10%	13%	6%	9%	7%	15%
One		128	72	54	87	38	40	45	37	55	36	36	41	53	28	45	59	20
		13%	15%	10%	13%	11%	14%	13%	9%	15%	13%	10%	14%	12%	11%	13%	17%	7%
Two		182	94	88	122	57	63	53	65	67	47	67	57	75	48	62	65	49
		18%	19%	17%	18%	17%	23%	16%	17%	19%	17%	18%	19%	18%	18%	18%	18%	19%
Three		141	69	71	94	44	31	43	64	47	44	50	44	61	29	64	46	28
		14%	14%	14%	14%	13%	11%	13%	16%	13%	16%	13%	14%	14%	11%	18%	13%	10%
Four		118	47	71	64	51	34	35	48	30	32	54	34	48	28	43	39	27
		12%	9%	14%	10%	15%	12%	10%	12%	8%	11%	15%	11%	11%	11%	12%	11%	10%
Five-Ten		230	96	128	160	68	42	73	110	96	58	75	66	90	72	67	89	68
		23%	19%	25%	24%	20%	15%	22%	28%	26%	21%	20%	22%	21%	27%	19%	25%	26%
Eleven or more		113	39	72	83	30	19	46	47	38	39	35	31	42	40	38	33	33
		11%	8%	14%	13%	9%	7%	14%	12%	10%	14%	9%	10%	10%	15%	11%	9%	13%
No opinion		6	1	4	1	4	-	1	4	2	1	4	-	2	3	4	1	-
		1%	0%	1%	0%	1%	-	0%	1%	0%	0%	1%	-	1%	1%	1%	0%	-
Mean		5.59	4.51	6.61	5.86	5.18	4.56	6.07	6.03	5.54	5.82	5.48	4.98	5.55	6.65	4.94	5.78	5.89
Median		3.00	3.00	4.00	3.00	3.00	2.00	3.00	4.00	3.00	3.00	3.00	3.00	3.00	4.00	3.00	3.00	3.00