#### GALLUP NEWS SERVICE

### GALLUP POLL SOCIAL SERIES: MOOD OF THE NATION

-- FINAL TOPLINE --

Timberline: 937614 GAL 007

Princeton Job #: 24-01-001

January 2-22, 2024

Results are based on telephone interviews conducted January 2-22, 2024, with a random sample of -1,011—adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is  $\pm 4$  percentage points at the 95% confidence level.

For results based on the sample of -- 505 -- national adults in Form A and the sample of -506-- national adults in Form B, the margin of sampling error is  $\pm 6$  percentage points.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of 80% cell phone respondents and 20% landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Gallup obtained sample for this study from Dynata. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phone-only/landline only/both and cell phone mostly). Demographic weighting targets are based on the most recent Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the most recent National Health Interview Survey. Population density targets are based on the 2020 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact galluphelp@gallup.com.

Now turning to your own life,

6. In general, are you satisfied or dissatisfied with the way things are going in your personal life at this time?

	Satisfied	Dis- satisfied	No opinion		Satisfied	Dis- satisfied	No opinion
2024 Jan 2-22	78	20	2	1991 Jul 11-14	82	16	2
				1991 Feb 28-Mar 3	87	12	1
2023 Jan 2-22	83	15	1	1991 Feb 14-17	84	15	1
2022 Jan 3-16	85	14	1	1991 Jan 17-20	86	12	2
2021 Jan 4-15	82	18	*	1991 Jan 3-6	84	14	2
2020 Jan 2-15	90	10	*	1990 Dec 13-16	82	18	*
2019 Jan 2-10	86	13	1	1990 Nov 1-4	85	13	2
2017 Jan 4-8	87	12	1	1990 Oct 25-28	87	11	2
2016 Jan 6-10	85	14	1	1990 Oct 11-14	82	16	2
2015 Jan 5-8	85	14	1	1990 Sep 27-30	85	13	2
2013 Dec 5-8	79	20	1	1990 Aug 30-Sep 2	86	12	2
2011 Nov 28-Dec 1	78	21	1	1990 Aug 9-12	85	13	2
2008 Dec 4-7	80	18	2	1990 Jul 19-22	81	17	2
2007 Dec 6-9	84	14	2	1990 Feb 8-11	83	16	1
2006 Dec 11-14	84	15	1	1988 Sep 9-11	87	12	1
2005 Dec 5-8	85	13	2	1988 May 13-15	86	12	2
2004 Dec 5-8	84	14	2	1987 Aug 24-Sep 2	83	15	2
2003 Dec 11-14	88	11	1	1986 Sep 13-17	84	14	2
2003 Jan 13-16	85	14	1	1986 Mar 4-10	84	15	1
2002 Dec 5-8	83	16	1	1985 Nov 11-18	82	17	1
2002 Jan 7-9	85	14	1	1984 Dec 7-10	79	17	4
2001 Dec 6-9	84	15	1	1984 Feb 10-13	79	19	2
2001 Jan 10-14	85	14	1	1983 Aug 5-8	77	20	3
2000 Oct 6-9	87	12	1	1982 Nov 5-8	75	23	2
1998 Dec 28-29	86	13	1	1982 Apr 2-5	76	22	2
1996 Mar 8-10	86	12	2	1981 Dec 11-14	81	17	2
1993 Dec 4-6	82	17	1	1981 Jun 5-8	81	16	3
1992 Feb 28-Mar 1	79	20	1	1981 Jan 9-12	81	17	2
1992 Jan 3-6	77	22	1	1979 Nov 2-5	79	19	2
1991 Nov	79	19	2	1979 Jul 13-16	73	23	4
1991 Oct 10-13	81	18	1	1979 Feb 2-5	77	21	2
1991 Aug 23-25	82	16	2				

## 7. Are you very [satisfied/dissatisfied], or just somewhat [satisfied/dissatisfied]?

## COMBINED RESPONSES (Q.6-7)

	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Very dissatisfied	No <u>opinion</u>
2024 Jan 2-22	47	31	11	9	2
2023 Jan 2-22	50	33	8	7	1
2022 Jan 3-16	51	34	10	4	1
2021 Jan 4-15	51	31	11	7	*
2020 Jan 2-15	65	25	6	4	*
2019 Jan 2-10	56	30	7	6	1
2017 Jan 4-8	57	30	7	5	1
2016 Jan 6-10	53	32	8	6	1
2013 Dec 5-8	50	29	13	7	1
2011 Nov 28-Dec 1	46	32	12	9	1
2008 Dec 4-7	47	33	10	8	2
2007 Dec 6-9	59	25	9	5	2
2006 Dec 11-14	55	29	10	5	1
2005 Dec 5-8	57	28	8	5	2
2004 Dec 5-8	58	26	9	5	2
2003 Dec 11-14	58	30	7	4	1
2003 Jan 13-16	58	27	9	5	1
2002 Dec 5-8	50	33	11	5	1
2002 Jan 7-9	56	29	9	5	1
2001 Dec 6-9	54	30	10	5	1
2001 Jan 10-14	56	29	10	4	1

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#### Q6: In general, are you satisfied or dissatisfied with the way things are going in your personal life at this time? BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

			Gender			ce I		Age		Education			Party I.D.			Household Income		
										College	Some	HS Grad or				Less than	\$50,000-	
		Total	Male	Female	White	Non-white	18-34	35-54	55+	Grad	College	Less	Republican	Independent	Democrat	\$50,000	100,000	\$100,000+
Total	Unweighted n	1011	578	426	746	236	159	247	576	502	295	211	294	420	278	261	322	321
	Weighted n	1011	502	500	649	334	276	310	396	374	279	355	255	461	273	313	322	278
Satisfied		791	392	394	518	253	210	256	301	317	212	260	197	346	230	219	247	247
		78%	78%	79%	80%	76%	76%	82%	76%	85%	76%	73%	77%	75%	84%	70%	77%	89%
Dissatisfied		200	100	97	118	76	65	49	83	49	64	87	50	111	36	90	69	28
		20%	20%	19%	18%	23%	23%	16%	21%	13%	23%	24%	20%	24%	13%	29%	21%	10%
DON'T KNOW		5	2	3	3	2	-	1	5	1	2	2	3	2	1	-	3	2
		0%	0%	1%	0%	1%	-	0%	1%	0%	1%	1%	1%	0%	0%	-	1%	1%
REFUSED		15	7	7	10	3	1	5	7	7	1	7	5	2	7	4	3	1
		1%	1%	1%	2%	1%	0%	2%	2%	2%	0%	2%	2%	0%	3%	1%	1%	0%
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#### Q6Q7COMBO: Personal Life Satisfaction BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

			Gend	der	Ra	ce I		Age			Education			Party I.D.		Hou	usehold Inco	ne
		Total								College	Some	HS Grad or				Less than	\$50,000-	
			Male	Female	White	Non-white	18-34	35-54	55+	Grad	College	Less	Republican	Independent	Democrat	\$50,000	100,000	\$100,000+
Total	Unweighted n	1011	578	426	746	236	159	247	576	502	295	211	294	420	278	261	322	321
	Weighted n	1011	502	500	649	334	276	310	396	374	279	355	255	461	273	313	322	278
Very satisfied		472	238	230	309	153	114	144	203	203	107	159	119	204	143	122	143	161
		47%	47%	46%	48%	46%	41%	47%	51%	54%	38%	45%	46%	44%	52%	39%	45%	58%
Somewhat satisfied		319	154	164	209	100	96	111	99	114	105	101	78	141	87	97	104	86
		32%	31%	33%	32%	30%	35%	36%	25%	31%	38%	28%	31%	31%	32%	31%	32%	31%
Somewhat dissatisfied		113	60	52	61	47	39	27	46	27	37	50	21	67	25	54	41	9
		11%	12%	10%	9%	14%	14%	9%	12%	7%	13%	14%	8%	14%	9%	17%	13%	3%
Very dissatisfied		87	41	45	57	29	26	22	37	22	28	37	29	45	10	36	28	19
		9%	8%	9%	9%	9%	9%	7%	9%	6%	10%	10%	11%	10%	4%	11%	9%	7%
No opinion		20	9	10	13	5	1	5	12	8	3	9	8	3	8	4	6	3
		2%	2%	2%	2%	1%	0%	2%	3%	2%	1%	2%	3%	1%	3%	1%	2%	1%

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