GALLUP NEWS SERVICE

GALLUP POLL SOCIAL SERIES:
HEALTH AND HEALTHCARE

-- FINAL TOPLINE --

Results are based on telephone interviews conducted November 6-20, 2024, with a random sample of –1,001—adults, ages 18+, living in all 50 U.S. states and the District of Columbia. For results based on this sample of national adults, the margin of sampling error is ±4 percentage points at the 95% confidence level.

For results based on the sample of -- 499 -- national adults in Form A and the sample of –502-- national adults in Form B, the margin of sampling error is ±5 percentage points.

For results based on the sample of – 440 – women, the margin of sampling error is ±6 percentage points at the 95% confidence level.

For results based on the sample of – 548 –men, the margin of sampling error is ±5 percentage points at the 95% confidence level.

Interviews are conducted with respondents on landline telephones and cellular phones, with interviews conducted in Spanish for respondents who are primarily Spanish-speaking. Each sample of national adults includes a minimum quota of 80% cell phone respondents and 20% landline respondents, with additional minimum quotas by time zone within region. Landline and cell phone telephone numbers are selected using random digit dial methods. Landline respondents are chosen at random within each household on the basis of which member has the next birthday.

Samples are weighted to correct for unequal selection probability, non-response, and double coverage of landline and cell users in the two sampling frames. They are also weighted to match the national demographics of gender, age, race, Hispanic ethnicity, education, region, population density, and phone status (cell phone-only/landline only/both and cell phone mostly). Demographic weighting targets are based on the most recent Current Population Survey figures for the aged 18 and older U.S. population. Phone status targets are based on the most recent National Health Interview Survey. Population density targets are based on the 2020 census. All reported margins of sampling error include the computed design effects for weighting.

In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls. For questions about how this survey was conducted, please contact galluphelp@gallup.com.

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44. Please indicate if you currently – [RANDOM ORDER], if you have done this in the past but no longer do, or if you have never done this.

A. Wear a fitness tracker such as a smartwatch or smart ring

	Currently do	Have done in past	Have never done	No opinion
2024 Nov 6-20	24	16	59	2
2019 Nov 1-14 ^	19	15	66	1

^ WORDING: Wear a fitness tracker such as a FitBit or smartwatch

B. Track your health statistics using an app on your smartphone or tablet

	Currently do	Have done in past	Have never done	No opinion
2024 Nov 6-20	26	18	55	1
2019 Nov 1-14	19	13	67	1

45. *(Asked of those who have done the activities)* Have you found that – [RANDOM ORDER] -- has been very helpful, somewhat helpful, not very helpful, or not at all helpful in reaching your health goals?

A. Wearing a fitness tracker such as a smartwatch or smart ring

	Very helpful	Somewhat helpful	Not very helpful	Not at all helpful	Never done	No opinion
Used fitness tracker						
2024 Nov 6-20 ^	29	48	15	8	--	1
2019 Nov 1-14 †	30	46	16	8	--	--
National adults						
2024 Nov 6-20	11	19	6	3	59	2
2019 Nov 1-14	10	16	5	3	66	1

^ Based on – 400 – national adults who have used a fitness tracker; ±6 PCT PTS
† WORDING: Wearing a fitness tracker such as a FitBit or smartwatch

B. Tracking your health statistics using an app

	Very helpful	Somewhat helpful	Not very helpful	Not at all helpful	Never done	No opinion
Tracked health stats						
2024 Nov 6-20 ^	29	53	11	6	--	1
2019 Nov 1-14	29	53	13	5	--	--
National adults						
2024 Nov 6-20	13	23	5	3	55	2
2019 Nov 1-14	9	17	4	2	67	1

^ Based on – 426 – national adults who have tracked their health statistics on an app; ±6 PCT PTS

Thinking about your weight,

32.   How would you describe your own personal weight situation right now -- very overweight, somewhat overweight, about right, somewhat underweight, or very underweight?

	Very over-weight	Some-what over-weight	About right	Some-what under-weight	Very under-weight	No opinion
2024 Nov 6-20	5	38	48	7	1	1
2023 Nov 1-21	5	35	54	4	1	1
2021 Nov 1-16	5	35	53	5	1	1
2020 Nov 5-19	4	37	51	6	*	1
2019 Nov 1-14	4	38	53	4	1	1
2018 Nov 1-11	6	35	54	5	*	1
2017 Nov 2-8	6	36	52	4	1	1
2016 Nov 9-13	5	31	57	6	*	*
2015 Nov 4-8	5	32	56	5	*	1
2014 Nov 6-9	4	32	56	5	1	2
2013 Nov 7-10	5	31	57	5	1	1
2012 Nov 15-18	3	31	60	5	1	1
2011 Nov 3-6	5	34	56	5	*	*
2010 Nov 4-7	4	34	57	4	1	1
2009 Nov 5-8	4	32	58	5	1	*
2008 Nov 13-16	3	37	54	4	1	1
2007 Nov 11-14	5	36	52	6	*	1
2006 Nov 9-12	4	37	53	4	1	*
2005 Nov 7-10	5	37	53	4	1	*
2004 Nov 7-10	5	36	54	5	*	*
2003 Nov 3-5	4	37	53	5	1	*
2002 Nov 11-14	6	36	51	5	1	1
2001 Nov 8-11	6	38	51	4	*	1
1999 Jul 22-25	4	35	53	6	1	1

34.   Would you like to [ROTATED: lose weight, stay at your present weight, or put on weight]?

	Lose weight	Stay at present	Put on weight	No opinion
National Adults				
2024 Nov 6-20	55	33	11	1
2023 Nov 1-21	50	42	7	1
2021 Nov 1-16	55	38	6	1
2020 Nov 5-19	55	38	7	1
2019 Nov 1-14	55	38	7	*
2018 Nov 1-11	54	39	6	1
2017 Nov 2-8	56	36	8	*
2016 Nov 9-13	54	38	7	1
2015 Nov 4-8	49	41	9	*
2014 Nov 6-9	51	40	8	1
2013 Nov 7-10	51	39	8	1
2012 Nov 15-18	54	38	8	1
2011 Nov 3-6	59	36	5	*
2010 Nov 4-7	54	39	6	1
2009 Nov 5-8	55	37	7	1
2008 Nov 13-16	59	34	7	*
2007 Nov 11-14	60	33	7	*
2006 Nov 9-12	58	36	5	*
2006 Feb 9-12	56	39	4	1
2005 Nov 7-10	60	32	8	*
2004 Nov 7-10	62	33	5	*
2003 Nov 3-5	60	32	8	*
2002 Nov 11-14	58	34	8	*
2001 Jul 19-22	59	34	7	*
1999 Jul 22-25	52	39	9	*
1996 Feb 23-25	55	41	4	*
1957 Aug 29-Sep 4	35	49	11	5
1955 Jun 24-29	37	48	13	2
1954 Jul 2-7	35	50	14	1
1953 Feb 1-5	37	49	13	1
1951	31	50	17	2

Q.34 continued on next page

Q.34 (LIKE TO LOSE/GAIN WEIGHT) CONTINUED

	Lose weight	Stay at present	Put on weight	No opinion
Men				
2024 Nov 6-20	48	33	18	1
2023 Nov 1-21	47	43	10	1
2021 Nov 1-16	50	43	6	1
2020 Nov 5-19	51	39	10	1
2019 Nov 1-14	48	41	10	*
2018 Nov 1-11	48	42	8	1
2017 Nov 2-8	48	42	11	--
2016 Nov 9-13	48	40	11	1
2015 Nov 4-8	44	43	13	*
2014 Nov 6-9	43	44	12	1
2013 Nov 7-10	46	43	10	1
2012 Nov 15-18	45	43	11	--
2011 Nov 3-6	50	43	7	*
2010 Nov 4-7	45	43	11	1
2009 Nov 5-8	54	37	8	*
2008 Nov 13-16	51	39	10	*
2007 Nov 11-14	51	42	7	1
2006 Nov 9-12	53	39	8	*
2006 Feb 9-12	49	43	6	1
2005 Nov 7-10	56	35	9	*
2004 Nov 7-10	56	38	6	--
2003 Nov 3-5	51	37	12	*
2002 Nov 11-14	49	40	11	*
2001 Jul 19-22	49	39	12	--
1999 Jul 22-25	44	43	13	*
1996 Feb 23-25	45	49	6	*
1957 Aug 29-Sep 4	25	56	14	5
1955 Jun 24-29	24	58	16	2
1954 Jul 2-7	26	58	16	*
1953 Feb 1-5	10	68	20	2
1951	21	57	20	2

Q.34 (LIKE TO LOSE/GAIN WEIGHT) CONTINUED

	Lose weight	Stay at present	Put on weight	No opinion
Women				
2024 Nov 6-20	61	33	4	2
2023 Nov 1-21	55	42	3	1
2021 Nov 1-16	61	33	6	1
2020 Nov 5-19	59	36	4	1
2019 Nov 1-14	61	35	3	*
2018 Nov 1-11	59	36	4	1
2017 Nov 2-8	64	31	5	*
2016 Nov 9-13	59	36	4	1
2015 Nov 4-8	54	40	5	1
2014 Nov 6-9	60	35	4	1
2013 Nov 7-10	57	36	7	1
2012 Nov 15-18	62	32	4	2
2011 Nov 3-6	67	30	3	*
2010 Nov 4-7	61	35	2	1
2009 Nov 5-8	56	38	5	1
2008 Nov 13-16	67	29	4	1
2007 Nov 11-14	68	26	7	*
2006 Nov 9-12	64	34	2	*
2006 Feb 9-12	63	35	2	--
2005 Nov 7-10	64	30	6	*
2004 Nov 7-10	67	29	4	*
2003 Nov 3-5	68	28	4	--
2002 Nov 11-14	66	30	4	*
2001 Jul 19-22	68	30	2	*
1999 Jul 22-25	58	37	5	*
1996 Feb 23-25	63	34	3	*
1957 Aug 29-Sep 4	45	42	8	5
1955 Jun 24-29	49	38	10	3
1954 Jul 2-7	45	42	12	1
1953 Feb 1-5	43	45	11	1
1951	44	43	12	1

35.   NOT ASKED

36.   At this time are you seriously trying to lose weight?

	Yes	No	No opinion
National Adults			
2024 Nov 6-20	27	72	1
2023 Nov 1-21	20	80	1
2021 Nov 1-16	27	72	1
2020 Nov 5-19	23	76	1
2019 Nov 1-14	25	75	1
2018 Nov 1-11	27	72	1
2017 Nov 2-8	26	74	*
2016 Nov 9-13	25	74	1
2015 Nov 4-8	24	76	1
2014 Nov 6-9	26	73	1
2013 Nov 7-10	25	75	1
2012 Nov 15-18	25	75	*
2011 Nov 3-6	29	70	1
2010 Nov 4-7	27	72	1
2009 Nov 5-8	27	73	*
2008 Nov 13-16	30	69	1
2007 Nov 11-14	28	72	*
2006 Nov 9-12	28	71	1
2005 Nov 7-10	27	73	*
2004 Nov 7-10	29	71	*
2003 Nov 3-5	28	72	*
2002 Nov 11-14	24	75	1
2001 Jul 19-22	25	75	*
1999 Jul 22-25	20	80	*
1996 Feb 23-25	26	74	*

Q.36 (TRYING TO LOSE WEIGHT) CONTINUED

	Yes	No	No opinion
Men			
2024 Nov 6-20	23	76	1
2023 Nov 1-21	17	83	1
2021 Nov 1-16	24	76	*
2020 Nov 5-19	23	76	1
2019 Nov 1-14	21	79	*
2018 Nov 1-11	21	79	*
2017 Nov 2-8	24	76	*
2016 Nov 9-13	23	77	1
2015 Nov 4-8	20	79	1
2014 Nov 6-9	23	76	1
2013 Nov 7-10	22	77	1
2012 Nov 15-18	16	83	*
2011 Nov 3-6	25	74	*
2010 Nov 4-7	21	79	*
2009 Nov 5-8	26	74	1
2008 Nov 13-16	22	77	*
2007 Nov 11-14	23	77	1
2006 Nov 9-12	24	75	1
2005 Nov 7-10	23	77	*
2004 Nov 7-10	23	77	--
2003 Nov 3-5	21	79	*
2002 Nov 11-14	19	80	1
2001 Jul 19-22	17	82	1
1999 Jul 22-25	16	84	*
1996 Feb 23-25	22	78	*

Q.36 continued on next page

Q.36 (TRYING TO LOSE WEIGHT) CONTINUED

	Yes	No	No opinion
Women			
2024 Nov 6-20	32	67	1
2023 Nov 1-21	23	76	1
2021 Nov 1-16	30	69	1
2020 Nov 5-19	23	76	1
2019 Nov 1-14	29	70	1
2018 Nov 1-11	32	66	1
2017 Nov 2-8	29	71	*
2016 Nov 9-13	28	71	1
2015 Nov 4-8	27	73	1
2014 Nov 6-9	29	70	1
2013 Nov 7-10	27	72	1
2012 Nov 15-18	33	67	*
2011 Nov 3-6	32	67	1
2010 Nov 4-7	32	66	2
2009 Nov 5-8	28	72	*
2008 Nov 13-16	38	62	1
2007 Nov 11-14	32	67	*
2006 Nov 9-12	32	67	*
2005 Nov 7-10	30	70	*
2004 Nov 7-10	34	66	*
2003 Nov 3-5	35	65	*
2002 Nov 11-14	30	70	*
2001 Jul 19-22	32	68	--
1999 Jul 22-25	24	76	*
1996 Feb 23-25	30	70	*

37. Have you, personally, lost a significant amount of weight in the past two years, or not?

	Yes	No	No opinion
National Adults			
2024 Nov 6-20	30	69	1
2023 Nov 1-21	34	66	*
Men			
2024 Nov 6-20	30	69	1
2023 Nov 1-21	32	68	*
Women			
2024 Nov 6-20	30	68	1
2023 Nov 1-21	36	64	1

47. ***(Asked of those who lost a significant amount of weight)*** Are you taking a prescription medication that has contributed to your weight loss, or not?

48. ***(Asked of those who took a prescription drug that contributed to significant weight loss)*** Was that medicine prescribed specifically to help you lose weight, or was it prescribed for other reasons?

COMBINED RESULTS (Q.47/48)

2024 Nov 6-20	Lost significant amount of weight ^	National adults
Yes, taking prescription drug that contributed to weight loss	**14**	**4**
(Prescribed for weight loss)	*(7)*	*(2)*
(Prescribed for other reasons)	*(7)*	*(2)*
No, not taking prescription drug that contributed to weight loss	**86**	**26**
Did not lose a significant amount of weight	--	**69**
No opinion	*	**1**

^ Based on – 313 – adults who lost a significant amount of weight in the past two years; ±7 pct pts

QN44A: Wear a fitness tracker BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Currently do		235	114	116	164	70	52	105	76	124	67	43	71	96	67	30	73	121
		24%	23%	24%	25%	21%	21%	32%	19%	34%	25%	12%	24%	23%	26%	12%	25%	35%
Have done in past		158	72	83	103	49	61	57	40	67	50	37	46	65	43	35	46	61
		16%	15%	17%	16%	15%	24%	18%	10%	18%	18%	10%	16%	15%	16%	14%	16%	17%
Have never done		589	306	277	377	200	135	151	288	171	152	264	174	257	149	182	172	168
		59%	62%	56%	58%	60%	54%	47%	71%	47%	56%	74%	59%	61%	56%	71%	59%	48%
DON'T KNOW/REFUSED		18	3	15	4	14	4	10	4	3	1	14	7	4	5	8	-	1
		2%	1%	3%	1%	4%	1%	3%	1%	1%	1%	4%	2%	1%	2%	3%	-	0%

QN44B: Track health statistics BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Currently do		261	123	133	179	77	72	93	89	138	73	49	61	109	90	44	67	135
		26%	25%	27%	28%	23%	29%	29%	22%	38%	27%	14%	20%	26%	34%	17%	23%	39%
Have done in past		179	74	98	96	77	76	59	40	62	54	59	47	80	47	53	57	57
		18%	15%	20%	15%	23%	30%	18%	10%	17%	20%	17%	16%	19%	18%	21%	20%	16%
Have never done		548	293	252	369	169	102	170	270	163	142	240	188	234	116	152	165	159
		55%	59%	51%	57%	51%	41%	52%	66%	45%	53%	67%	63%	55%	44%	60%	57%	45%
DON'T KNOW/REFUSED		13	6	8	4	9	1	2	10	2	1	9	2	-	11	6	2	-
		1%	1%	2%	1%	3%	0%	1%	2%	1%	0%	3%	1%	-	4%	3%	1%	-

QN45A: Helpfulness of fitness tracker BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	400	209	184	286	106	86	146	165	241	108	47	116	168	112	55	119	200
	Weighted n	393	186	199	267	118	113	162	116	192	117	80	117	161	111	66	119	182
Very helpful		115	55	56	76	38	32	53	28	53	37	24	31	51	31	22	32	57
		29%	29%	28%	28%	32%	29%	32%	24%	27%	32%	30%	27%	32%	28%	33%	27%	31%
Somewhat helpful		189	94	92	124	59	56	74	58	98	55	33	57	74	55	24	59	88
		48%	50%	46%	47%	50%	50%	46%	50%	51%	47%	41%	49%	46%	49%	36%	50%	48%
Not very helpful		58	25	32	43	15	13	26	18	32	14	11	19	17	21	11	15	30
		15%	14%	16%	16%	13%	12%	16%	16%	17%	12%	13%	16%	11%	19%	16%	13%	16%
Not at all helpful		30	10	20	21	6	11	7	12	9	11	10	7	19	3	7	11	8
		8%	5%	10%	8%	5%	10%	4%	10%	5%	9%	13%	6%	12%	3%	11%	9%	4%
DON'T KNOW/REFUSED		3	2	0	3	-	-	2	1	0	-	2	2	-	0	2	1	-
		1%	1%	0%	1%	-	-	1%	1%	0%	-	3%	2%	-	0%	3%	1%	-

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QN45B: Helpfulness of tracking health statistics BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	426	225	192	295	121	100	134	183	245	122	56	113	177	131	70	117	209
	Weighted n	440	197	231	275	155	148	151	129	200	127	109	107	189	137	97	123	192
Very helpful		127	60	64	78	49	38	52	37	53	39	34	32	61	33	31	33	59
		29%	30%	27%	28%	32%	26%	34%	28%	26%	31%	31%	30%	32%	24%	32%	27%	31%
Somewhat helpful		235	104	124	141	87	93	70	65	111	63	59	48	102	81	45	68	101
		53%	53%	54%	51%	56%	63%	46%	51%	56%	49%	54%	44%	54%	59%	47%	55%	53%
Not very helpful		46	20	25	37	9	7	22	14	26	12	8	19	13	13	9	12	23
		11%	10%	11%	13%	6%	5%	14%	11%	13%	9%	7%	17%	7%	9%	9%	10%	12%
Not at all helpful		28	11	16	18	8	10	8	11	9	11	8	8	12	8	12	9	6
		6%	6%	7%	7%	5%	6%	5%	9%	5%	9%	7%	8%	6%	6%	12%	8%	3%
DON'T KNOW/REFUSED		3	1	2	1	2	-	-	3	1	2	-	1	-	2	-	0	2
		1%	0%	1%	0%	1%	-	-	2%	0%	1%	-	1%	-	1%	-	0%	1%

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QN44AQN45ACOMBO: Wear a fitness tracker/Helpfulness BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Very helpful		115	55	56	76	38	32	53	28	53	37	24	31	51	31	22	32	57
		11%	11%	11%	12%	11%	13%	16%	7%	14%	14%	7%	11%	12%	12%	8%	11%	16%
Somewhat helpful		189	94	92	124	59	56	74	58	98	55	33	57	74	55	24	59	88
		19%	19%	19%	19%	18%	22%	23%	14%	27%	20%	9%	19%	18%	21%	9%	20%	25%
Not very helpful		58	25	32	43	15	13	26	18	32	14	11	19	17	21	11	15	30
		6%	5%	7%	7%	4%	5%	8%	4%	9%	5%	3%	6%	4%	8%	4%	5%	8%
Not at all helpful		30	10	20	21	6	11	7	12	9	11	10	7	19	3	7	11	8
		3%	2%	4%	3%	2%	4%	2%	3%	2%	4%	3%	2%	4%	1%	3%	4%	2%
Never done		589	306	277	377	200	135	151	288	171	152	264	174	257	149	182	172	168
		59%	62%	56%	58%	60%	54%	47%	71%	47%	56%	74%	59%	61%	56%	71%	59%	48%
No opinion		21	6	15	7	14	4	12	5	3	1	16	9	4	5	10	1	1
		2%	1%	3%	1%	4%	1%	4%	1%	1%	1%	5%	3%	1%	2%	4%	0%	0%

QN44BQN45BCOMBO: Track health statistics/Helpfulness BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Very helpful		127	60	64	78	49	38	52	37	53	39	34	32	61	33	31	33	59
		13%	12%	13%	12%	15%	15%	16%	9%	14%	14%	10%	11%	14%	13%	12%	11%	17%
Somewhat helpful		235	104	124	141	87	93	70	65	111	63	59	48	102	81	45	68	101
		23%	21%	25%	22%	26%	37%	22%	16%	30%	23%	16%	16%	24%	31%	18%	23%	29%
Not very helpful		46	20	25	37	9	7	22	14	26	12	8	19	13	13	9	12	23
		5%	4%	5%	6%	3%	3%	7%	3%	7%	4%	2%	6%	3%	5%	4%	4%	7%
Not at all helpful		28	11	16	18	8	10	8	11	9	11	8	8	12	8	12	9	6
		3%	2%	3%	3%	2%	4%	2%	3%	3%	4%	2%	3%	3%	3%	5%	3%	2%
Never done		548	293	252	369	169	102	170	270	163	142	240	188	234	116	152	165	159
		55%	59%	51%	57%	51%	41%	52%	66%	45%	53%	67%	63%	55%	44%	60%	57%	45%
No opinion		16	6	9	5	11	1	2	12	3	3	9	3	-	12	6	3	2
		2%	1%	2%	1%	3%	0%	1%	3%	1%	1%	3%	1%	-	5%	3%	1%	1%

QN32: Personal Weight Situation BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Very overweight,		48	23	25	33	14	8	16	22	18	21	9	12	21	13	15	11	15
		5%	5%	5%	5%	4%	3%	5%	5%	5%	8%	3%	4%	5%	5%	6%	4%	4%
Somewhat overweight,		380	164	214	251	124	57	143	172	139	114	122	115	150	106	91	115	138
		38%	33%	44%	39%	37%	23%	44%	42%	38%	42%	34%	39%	35%	40%	36%	40%	39%
About right,		478	257	212	322	148	147	145	181	186	114	176	142	201	130	110	146	175
		48%	52%	43%	50%	45%	59%	45%	44%	51%	42%	49%	48%	48%	49%	43%	50%	50%
Somewhat underweight, or		72	42	29	32	38	38	12	23	16	16	39	19	40	13	30	17	17
		7%	8%	6%	5%	11%	15%	4%	6%	4%	6%	11%	6%	9%	5%	12%	6%	5%
Very underweight?		13	7	7	10	3	1	4	9	2	4	8	8	4	2	6	2	4
		1%	1%	1%	2%	1%	0%	1%	2%	0%	2%	2%	3%	1%	1%	2%	1%	1%
DON'T KNOW/REFUSED		9	4	4	1	4	-	4	2	4	-	4	2	6	-	3	-	1
		1%	1%	1%	0%	1%	-	1%	1%	1%	-	1%	1%	2%	-	1%	-	0%

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QN34: Like to Lose Weight BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Lose weight,		547	240	301	365	170	103	192	242	203	166	175	171	206	164	130	167	200
		55%	48%	61%	56%	51%	41%	59%	59%	56%	61%	49%	57%	49%	62%	51%	58%	57%
Stay at your present weight, or		328	162	161	224	101	87	101	136	132	68	125	100	142	76	76	86	124
		33%	33%	33%	34%	31%	35%	31%	33%	36%	25%	35%	34%	34%	29%	30%	30%	35%
Put on weight?		114	90	22	53	59	61	29	23	25	34	55	23	71	21	49	38	20
		11%	18%	4%	8%	18%	25%	9%	6%	7%	12%	15%	8%	17%	8%	19%	13%	6%
DON'T KNOW/REFUSED		11	4	8	6	2	-	1	8	5	2	3	4	3	3	-	-	7
		1%	1%	2%	1%	1%	-	0%	2%	1%	1%	1%	1%	1%	1%	-	-	2%

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November 2024
Public Release Data

QN36: Seriously Trying to Lose Weight BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Yes		271	112	156	178	91	43	91	133	104	83	84	77	109	78	81	75	89
		27%	23%	32%	27%	27%	17%	28%	33%	28%	31%	23%	26%	26%	29%	32%	26%	25%
No		719	379	329	466	239	206	231	270	256	182	274	218	310	181	173	215	257
		72%	76%	67%	72%	72%	82%	72%	66%	70%	67%	77%	73%	73%	69%	68%	74%	73%
DON'T KNOW/REFUSED		11	5	6	4	3	1	1	6	5	5	-	2	3	5	2	-	4
		1%	1%	1%	1%	1%	0%	0%	1%	1%	2%	-	1%	1%	2%	1%	-	1%

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November 2024
Public Release Data

QN37: Lost significant weight past two years BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	1001	548	440	729	253	170	268	548	489	290	214	319	391	280	220	305	374
	Weighted n	1001	496	491	648	333	251	323	409	365	270	358	298	422	264	255	290	350
Yes, have		302	150	149	178	119	82	95	124	96	91	115	84	140	75	100	94	84
		30%	30%	30%	28%	36%	33%	29%	30%	26%	34%	32%	28%	33%	28%	39%	32%	24%
No, have not		689	343	335	467	209	169	228	278	263	177	241	212	279	184	155	195	263
		69%	69%	68%	72%	63%	67%	70%	68%	72%	66%	67%	71%	66%	70%	61%	67%	75%
DON'T KNOW/REFUSED		10	4	6	3	4	-	1	6	6	2	2	1	4	4	-	1	3
		1%	1%	1%	0%	1%	-	0%	2%	2%	1%	1%	0%	1%	2%	-	0%	1%

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QN48: Purpose of prescribed medication BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	45	27	18	31	14	2	14	28	23	12	10	17	16	12	13	11	18
	Weighted n	42	24	18	27	15	4	15	23	16	11	15	14	17	11	16	9	13
To lose weight		21	10	12	12	9	2	11	7	8	9	4	6	5	10	5	5	9
		50%	39%	65%	46%	57%	52%	78%	30%	49%	81%	27%	44%	30%	88%	31%	48%	70%
For other reasons		21	15	6	15	7	2	3	16	8	2	11	8	12	1	11	5	4
		50%	61%	35%	54%	43%	48%	22%	70%	51%	19%	73%	56%	70%	12%	69%	52%	30%

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QN47QN48COMBO: Weight loss meds/Purpose BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	313	176	133	222	88	54	78	179	140	104	69	102	126	83	86	101	102
	Weighted n	302	150	149	178	119	82	95	124	96	91	115	84	140	75	100	94	84
Took to lose weight		21	10	12	12	9	2	11	7	8	9	4	6	5	10	5	5	9
		7%	6%	8%	7%	7%	2%	12%	6%	8%	10%	3%	7%	4%	13%	5%	5%	11%
Took for other reasons		21	15	6	15	7	2	3	16	8	2	11	8	12	1	11	5	4
		7%	10%	4%	8%	5%	2%	3%	13%	9%	2%	9%	9%	8%	2%	11%	5%	5%
Prescription did not contribute to weight loss		259	124	131	150	104	79	80	99	79	80	99	71	123	63	83	84	72
		86%	83%	88%	84%	87%	96%	85%	80%	82%	88%	87%	83%	88%	84%	83%	90%	85%
No opinion		1	1	0	1	-	-	-	1	1	-	1	-	-	1	1	0	-
		0%	1%	0%	1%	-	-	-	1%	1%	-	1%	-	-	2%	1%	0%	-

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QN47QN48COMBO2: Weight loss meds/Purpose 2 BY Total + Gender + Race I + Age + Education + Party I.D. + Household Income

		Total	Gender		Race I		Age			Education			Party I.D.			Household Income		
			Male	Female	White	Non-white	18-34	35-54	55+	College Grad	Some College	HS Grad or Less	Republican	Independent	Democrat	Less than $50,000	$50,000-100,000	$100,000+
Total	Unweighted n	992	546	433	724	251	170	267	541	483	289	213	317	389	276	220	304	371
	Weighted n	991	493	484	646	329	251	323	402	360	269	356	296	419	259	255	289	347
Took to lose weight		21	10	12	12	9	2	11	7	8	9	4	6	5	10	5	5	9
		2%	2%	2%	2%	3%	1%	4%	2%	2%	3%	1%	2%	1%	4%	2%	2%	3%
Took for other reasons		21	15	6	15	7	2	3	16	8	2	11	8	12	1	11	5	4
		2%	3%	1%	2%	2%	1%	1%	4%	2%	1%	3%	3%	3%	1%	4%	2%	1%
Prescription did not contribute to weight loss		259	124	131	150	104	79	80	99	79	80	99	71	123	63	83	84	72
		26%	25%	27%	23%	32%	31%	25%	25%	22%	30%	28%	24%	29%	24%	33%	29%	21%
No significant weight loss		689	343	335	467	209	169	228	278	263	177	241	212	279	184	155	195	263
		70%	70%	69%	72%	64%	67%	71%	69%	73%	66%	68%	72%	67%	71%	61%	67%	76%
No opinion		1	1	0	1	-	-	-	1	1	-	1	-	-	1	1	0	-
		0%	0%	0%	0%	-	-	-	0%	0%	-	0%	-	-	0%	0%	0%	-